

# PASSIVEHOUSE AS AN ECOSYSTEM

## AN OUTLINE OF CARBON LOADS IN A THREE-PART ECOSYSTEM:

- I. PASSIVEHOUSE BUILDING
- II. RENEWABLE ENERGY
- III. THE SITE



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## DEFINITIONS AND BACKGROUND

### CARBON FOOTPRINT:

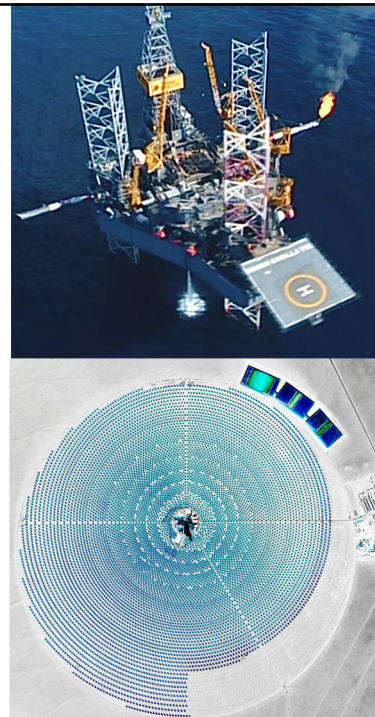
The best estimate of the full impact on climate change of a material or action, caused by the release of CO<sub>2</sub> in the atmosphere

CARBON TOE-PRINT: a common abuse of the CARBON FOOTPRINT, which misses or hides some, or most of the CO<sub>2</sub> emissions caused

DIRECT & INDIRECT CO<sub>2</sub> : the CO<sub>2</sub> emissions from all the steps, starting at the origin of the material or action

**The Concept of Carbon Footprint was created in the early 1980's by:**

- a) Global Footprint Network ([footprintnetwork.org](http://footprintnetwork.org)), a Swiss NGO
- b) The New York Times (national newspaper)
- c) William McDonough, architect & author of "Cradle to Cradle"
- d) Burger King, the multinational fast food corporation
- e) US Department of Energy (DOE.gov)
- f) British Petroleum, 2<sup>nd</sup> largest oil Co. (not state owned)



## DEFINITIONS AND BACKGROUND

**ECOSYSTEM:** (A. G. Tansley 1935)

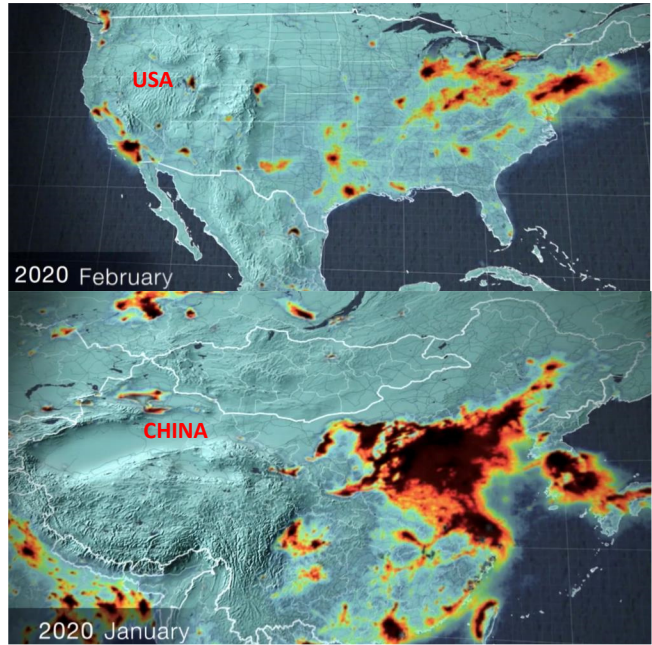
A functional unit of ecology where organisms interact with each other and the environment they depend on to survive.

**CO<sub>2</sub> & CO<sub>2</sub>e:**

CO<sub>2</sub>: a colorless & odorless gas with a GWP of 1

CO<sub>2</sub>e: (Carbon Dioxide Equivalent) a way to calculate the equivalent amount of Carbon Dioxide for other Greenhouse gases (GHG).

Methane (CH<sub>4</sub>) has a GWP of 21. each ton of CH<sub>4</sub> is multiplied by 21 to get the CO<sub>2</sub>e



CREDIT: PBS program "a year to change the world" atmospheric NO<sub>2</sub> as a CO<sub>2</sub> proxy

## I. PASSIVEHOUSE BUILDING

### "CRADLE TO GRAVE" CO<sub>2</sub> FOOTPRINT ANALYSIS

Embodied CO<sub>2</sub> data comes from the 44,000 EPD records, BIM models and estimates in the EC3 database. CO<sub>2</sub> factors of Electricity & other fuels, and of End-Of-Life emissions, come from the EPA database

Operational carbon

B6	Operational Energy
B7	Operational water

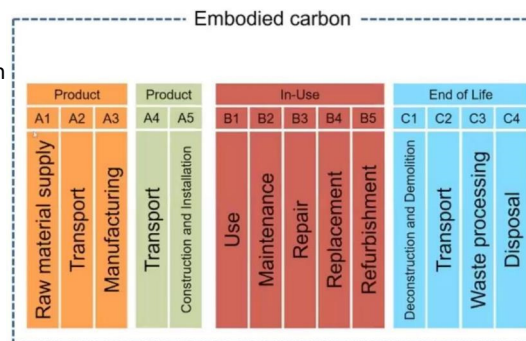
### EMBODIED vs OPERATIONAL CO<sub>2</sub>

Quantifying materials and energy is much less complex than:

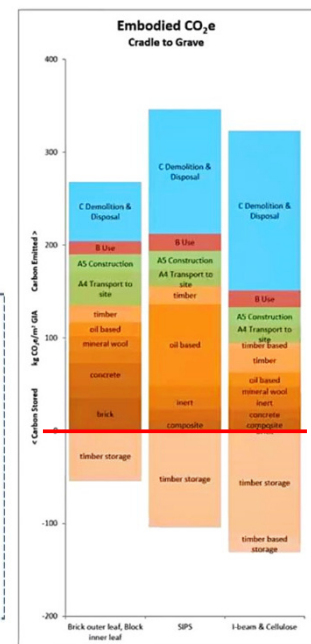
- Estimating the impact of users behavior B1 & B2
- Factoring the impact of repairs B3-B5

ADD to the list:

- Renewable energy
- BEV charging at home



CREDIT: The Passivehouse Network



## I. PASSIVEHOUSE BUILDING

### PASSIVEHOUSE (EMBODIED) CO<sub>2</sub>

#### PASSIVEHOUSE ENVELOPE ASSEMBLY

- DOUBLE WALL CAVITY
- FRAMING + EXTERIOR INSULATION
- FRAMING + INTERIOR INSULATION
- ICF + INSULATION LAYER
- FOUNDATIONS
- WINDOWS & DOORS



#### CONSTRUCTION METHODS

- SITE BUILT
- PANELIZED
- PREFABRICATED



#### MECHANICAL SYSTEMS

- HVAC EQUIPMENT & DUCTS
- HRV & ERV SYSTEMS
- DOMESTIC HOT WATER & PIPING



## I. PASSIVEHOUSE BUILDING

### CONSTRUCTION EQUIPMENT CO<sub>2</sub>, OPERATIONS CO<sub>2</sub> and MATERIALS CO<sub>2</sub>



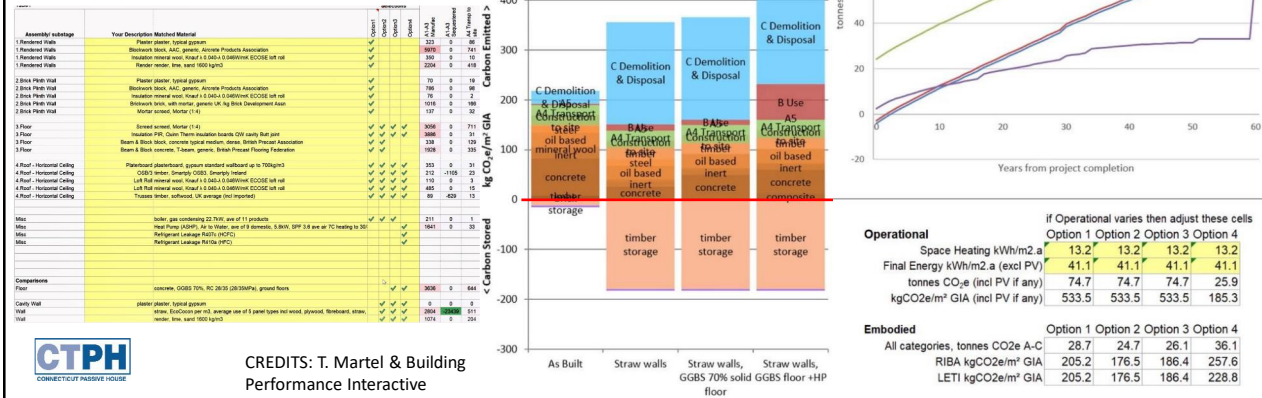


## I. PASSIVEHOUSE BUILDING

### PH RIBBON:

A New Tool for Passivehouses

The Passivehouse Energy Modeling software (PHPP) gains the ability to analyze the CO<sub>2</sub> of embodied, operational and end of life CO<sub>2</sub> by linking PHPP with the EC3 database



## CARBON REDUCTION STRATEGIES

### LOW CARBON/ CARBON SEQUESTRATION

#### INSULATION:

- MINERAL WOOL-slag \* (if 75% recycled content)
- CELLULOSE (up to 85% recycled content)
- STRAW (37-51% of cellulose)
- WOOL & RECYCLED (85%) COTTON
- CORK
- HEMPCRETE

### [URETHANE FOAMS]

EPS: gwp of 7

XPS: gwp of 1,430

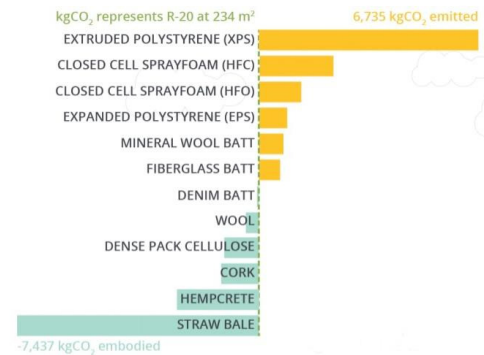
Medium Density Closed Cell Spray Foam with Water as blowing Agent: gwp of 1

Bio-Based (SOY) gwp of 1

(Doesn't include the CO<sub>2</sub>e of Urethane, Polyiso, etc)

**CTPH** \* Some mineral wool is made with molten rocks

#### CARBON IMPACTS OF INSULATION



## CARBON REDUCTION STRATEGIES

### ZERO ENERGY, WITH "ZERO BTU"

DOING A MORE "PASSIVE" PASSIVEHOUSE  
WITH THERMAL (MASS) HEAT/COOL STORAGE  
TROMBE WALL: MASONRY WALL BEHIND GLASS  
ADDING THERMAL MASS TO WALLS & FLOORS

The challenge: absorbing enough energy

PCM (Phase Change Materials)

Pre-Heat & Pre-Cool : Earth Tubes & Ground Loops

Heat exchangers



**CTPH**  
CONNECTICUT PASSIVE HOUSE



30" thick 18<sup>th</sup> century stone walls: night time ventilation cooling (8hr lag time)

Passive solar heat has been used for thousands of years

THE PASSIVE DESIGN EXPERT: EDWARD MAZRIA, 2021 AIA GOLD MEDAL WINNER

## CARBON REDUCTION STRATEGIES

### ZERO ENERGY, WITH "ZERO BTU"

DOING A MORE "PASSIVE" PASSIVEHOUSE:  
EXPERIMENTING WITH PCM (Phase Change Materials)

**PANEL MATERIAL:** Thermoplastic 20 mil Top & Bottom

**PANEL WIDTH:** 23.75" OR 16" (603mm or 406mm)

**PANEL LENGTH:** 23.75" (603mm)

**GENERAL PANEL THICKNESS:** 0.25" (6.3mm)

**MAX CENTER RIDGE THICKNESS:** 0.16" (mm)

**THERMAL CAPACITY** +100btu/sf ; [2,496 J/m<sup>2</sup>]

**PHASE CHANGE MATERIAL** Mineral Based/Inorganic

**TEMPERATURES** 65F(18C), 72F(22C), 77F(25C), 80F(27C)

**LATENT HEAT** ~86 btu/lb; [~200 J/g]

**SPECIFIC HEAT** 1.35 btu/lb; [3.14 J/g]

**THERMAL CONDUCTIVITY** ~0.15 W/ft/K Liquid, ~0.38 W/ft/K Solid

**WEIGHT** 1.3 lbs/sf [5.7 kg/m<sup>2</sup>]

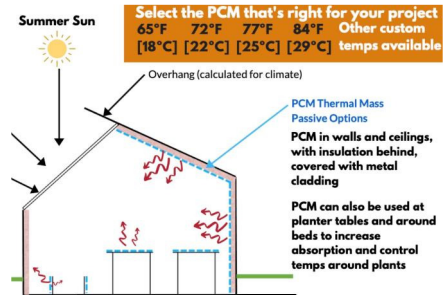
**FLAMMABILITY** ASTM E84|UL723 - CLASS A FIRE RATED

**MANUFACTURED:** USA - International Patents Pending

**CTPH**  
CONNECTICUT PASSIVE HOUSE

4 x 100 btu 12x12 PCM tiles

TEMPLOK PCM Tiles



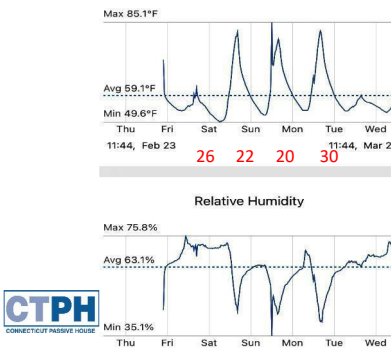
CREDIT: INSOLCORP WEBSITE

## CARBON REDUCTION STRATEGIES

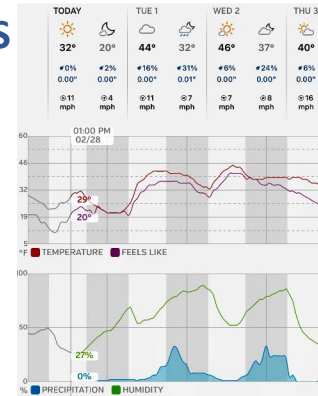
### PHASE 1: A MINI SOLAR GREENHOUSE

6'x8' with 5/8" R1.6 double plexiglass  
 R10.6 North wall (1-1/2" Polyiso)  
 Ceramic tile floor in sand bed  
 R7 timber base  
 40 PCM tiles on cement board (=4,000 BTU)  
 EXPERIMENTING WITH PCM (Phase Change Materials)

Passive solar heat has been used for thousands of years



1½" POLYISO  
 ¼" CEMENT BD  
 PCM TILES



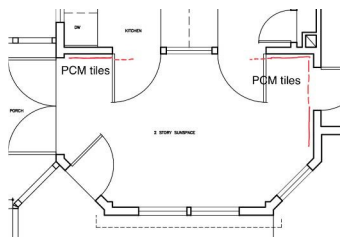
## CARBON REDUCTION STRATEGIES

### ZERO ENERGY, WITH "PASSIVE BTU"

DOING A MORE "PASSIVE" PASSIVEHOUSE

STEP II: 6,800 BTU of PCM Tiles

No heating. 1 Ceiling fan running 24Hs @ low speed



DIY SUN SHADES



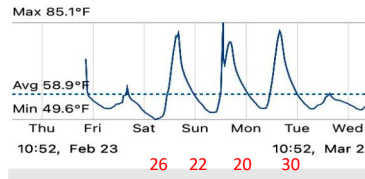
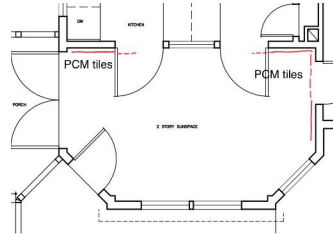
## CARBON REDUCTION STRATEGIES

### ZERO ENERGY, WITH "PASSIVE BTU"

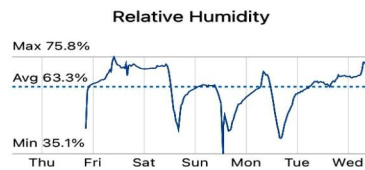
DOING A MORE "PASSIVE" PASSIVEHOUSE

STEP II: 68 12x12 PCM tiles = 6,800 BTU

No heating. 1 Ceiling fan running 24Hs @ low speed



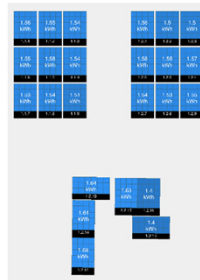
COST: PCM tiles: +/- \$250.00 + Labor & 2 (4'x8') sheets of plywood



## II. RENEWABLE ENERGY

### COMPONENTS:

- SOLAR PHOTOVOLTAIC
- WIND TURBINES
- GEOTHERMAL ENERGY
- SMALL HYDROPOWER TURBINES
- ON-SITE RENEWABLE ENERGY STORAGE



### ANALYSIS (system size)

- RULES OF THUMB
- PRIOR DATA (Electrical bills)
- ELECTRIC LOADS (PER)
- FUTURE TREND

### SITING & INSTALLATION:

- ON-SITE SOLAR POTENTIAL
- INSTALLATION METHODS

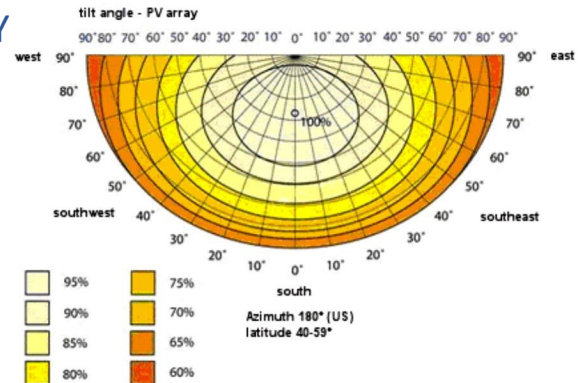








## II. RENEWABLE ENERGY

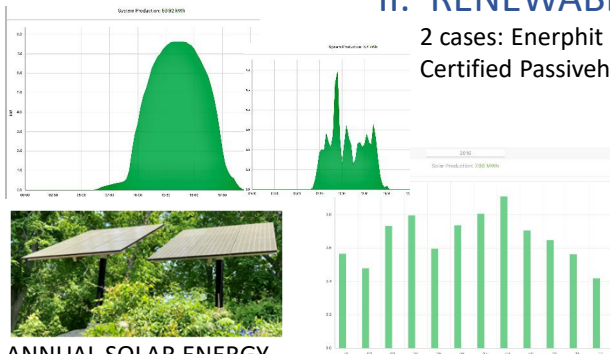


### SITING & INSTALLATION:

- ON-SITE SOLAR POTENTIAL
- Orientation and shading
- INSTALLTION METHODS
- Ground, Pole or Roof mount



### 8.28 Kw PV System



### ANNUAL SOLAR ENERGY

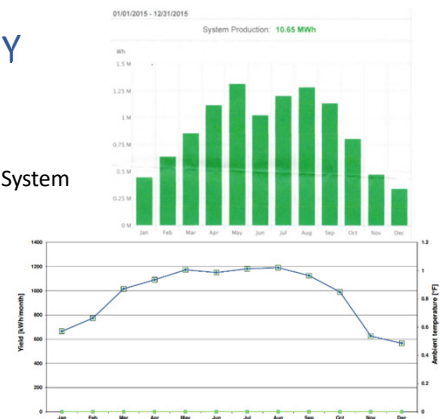
2016: 7.96 MWh  
2017: 7.49 MWh  
**2018: 7.15 MWh**  
2019: 7.58 MWh  
2020: 7.50 MWh  
Average: 7.54MWh  
(628KWh/Month)



## II. RENEWABLE ENERGY

2 cases: Enerphit (in progress) & Certified Passivehouse

### 8.51 Kw PV System



## II. RENEWABLE ENERGY

### PV ENERGY STORAGE/OFF-GRID OPTIONS

#### BACK UP GENERATOR VS BATTERY STORAGE



##### LP GENERATORS

- NOISY
- INNEFFICIENT (30%)
- SLOW TRANSFER (everything shuts down & restarts)
- NEED OWN FUEL SOURCE
- USES ENERGY TO SELF TEST (17 hrs/yr)
- ANNUAL MAINTENANCE



##### LITHIUM BATTERY BACKUP

- SEAMLESS TRANSFER
- DAILY POWER STORAGE & USE
- SAVES 1.7 Kw FOR EACH 1 Kw STORED
- INTEGRATES WITH RENEWABLE ENERGY
- NO OPERATIONAL CO<sub>2</sub>
- LOCATED INDOORS (protected)
- EXPANDABLE (add modules)

## III. THE SITE

### THE TREES, THE GRASS, THE BIRDS, THE INSECTS, THE BACTERIA AND THE LAWN MOWER

**Trees:** 20% leaves & stems, 60% trunk & 20% roots

CO<sub>2</sub> Potential of mature trees: 48 Lbs. of CO<sub>2</sub> per year, (after 30 years of growth) For every cut tree = 1,440 lbs. loss of CO<sub>2</sub>, if replanted.

**Grass & Plants** CO<sub>2</sub> potential: Organic lawn: 0.01 lbs./SF/Yr.  
10,000 SF = 100 lbs/yr

Native wild grasses & plants: 0.025 lbs./SF/Yr. (=250 lbs/yr)

**Living Soil:** a teaspoon of healthy soil contains 100 million to a billion of bacteria (recycle nutrients & decompose organic matter)



CREDIT: PBS program "a year to change the world"

**More than CO<sub>2</sub>:** trees reduce erosion, absorb 25% or rainfall, slow down high winds, reduce soil evaporation, shelter the majority of wild animals and plants, and provide some foods and medications. If carbon input is greater than the output, the surplus is converted to biomass through biosynthesis





CREDIT: PBS program "a year to change the world"



85 mi/hr Shear winds, August 28, 2020. 50' tall maple tree

### III. THE SITE

#### + ASSESSING THE SITE CO<sub>2</sub> REDUCTION POTENTIAL

- # of Mature trees & age
- Groundcover types & condition
- Types of subsoil (clay, sand, rocks) & impact on building siting
- Health of soils
- Drainage & erosion issues
- Prevailing Wind speed & directions
- Solar orientation
- Research weather related risks (high winds, floods, landslide, lightning...)

#### - OPERATIONAL CO<sub>2</sub> (&CO<sub>2</sub>e) FORM SITEWORK

- Site preparation: Tree cutting, stumps removal, brush clearing  
[tip: shred everything vegetal for later mulching]
- Earthwork, including stockpiling  
[tip: reuse everything, remove only if no other option]
- Erosion control & protection of remaining natural assets
- Site restoration & Biodynamic landscaping  
[tip: maximize CO<sub>2</sub> reduction w solar orientation, using native plants, using rain gardens, & minimizing maintenance]

### III. THE SITE USE & MAINTENANCE

#### SYNTHETIC FERTILIZERS

Typ use: 25 lbs. for 5000 SF grass, 4 - 6 times/ Yr  
Sulfur is the only fertilizer which is a by-product of petroleum extraction.  
Most fertilizers today are mined and processed  
Nitrogen uses the most energy: 25 lbs bag = 68 lbs of CO<sub>2</sub>

#### LIVING YARD

- Food for wildlife & insects
- Many wildlife habitats
- Shelter and hiding places
- Rich in organic fertilizer
- Natural rain & erosion control
- Acts as Carbon Sink



#### SYNTHETIC PESTICIDES

The US uses 1 Billion lbs. of synthetic pesticides a year in gardens, parks, homes and farms.  
Persistent pesticides kill beneficial soil organisms, contaminate water, cause severe reactions in people and some are known carcinogens



#### MOWED, STERILE & HOSTILE

- No food for wildlife & insects
- No refuge for wildlife
- No hiding from predators
- No organic matter as fertilizer
- No shelter from rain, snow
- No erosion mitigation
- Large release of CO<sub>2</sub> from use



### III. THE SITE USE & MAINTENANCE

#### SITWORK CO2

##### SITE PREPARATION:

CUT 10 MATURE TREES (16" dia):	14,400 lbs
(no bucket lift & chainsaws CO2)	
6 TREES NOT REPLANTED: (48x10x6)	2,900 lbs
BRUSH CLEARING 5,000 SF:	125 lbs
Credit for 100% mulching (128x0.5x6x0.44)	-165 lbs
<b>TOTAL:</b>	<b>17,300 lbs</b>

#### CO2 (&CO2e) FROM YARD MAINTENANCE

Mower (riding):	19 lbs. CO2/ Hr
Mower (self propelled):	8.5 lbs. CO2/ Hr
Mower (push):	5.2 lbs. CO2/ Hr
Leaf blower:	4.5 lbs. CO2/Hr

#### THE WORKS:

Mowing an average US lawn:  
10,700 SF (1/4 Acre) +/- 45 min (16 Hrs/Yr.  
Leaf blowing: 7 Hrs/ Yr.

EXAMPLE: Yearly CO2 for 10,000 Sf lawn, paved driveway, composite decks, PVC fences

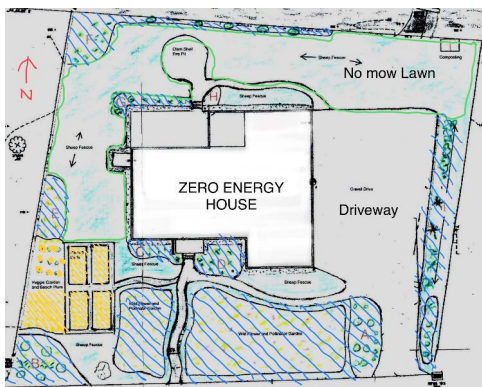
Fertilizing program: (4x)	240 lbs
Pesticides (est) (3x)	90 lbs
Mower (riding):	130 lbs
Trimmer & leaf blower	45 lbs
Pressure wash deck, driveway	<u>15 lbs</u>
<b>TOTAL:</b>	<b>520 lbs CO2/Yr</b>



### III. THE SITE USE & MAINTENANCE

#### PLANNING A NATURAL GARDEN FROM SCRATCH

Alicia & Bill Freeman's property



**THANK YOU**

