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The Sponsors of Energize Connecticut, and in partnership with Connecticut Passive House, are pleased to offer *Passive House Initiative* to support workforce development and help transform the energy efficiency and building construction industries in Connecticut.



For more information, please visit EnergizeCT.com/passive-house or email <u>PassiveHouseTrainingCT@icf.com</u> BROUGHT TO YOU BY





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Take energy efficiency to a new level

Residential New Construction Passive House Multi-family buildings with five units or more



PASSIVE HOUSE INCENTIVE STRUCTURE FOR MULTI-FAMILY (5 UNITS OR MORE)				
Incentive Timing	Activity	Incentive Amount	Max Incentive (Per Unit)	Max Incentive (Per Project)
Pre-Construction	Feasibility Study ¹	Up to 100% of Feasibility Study Costs	N/A	\$5,000.00
	Energy Modeling ²	75% of Energy Modeling Costs (Before 90% Design Drawings)	\$500.00	\$30,000.00
		50% of Energy Modeling Costs (90% Design/50% Construction)	\$250.00	\$15,000.00
Post Construction	Certification ³	Up to 100% of Certification Costs	\$1,500.00	\$60,000.00

1. Feasibility Study will require documentation in the form of a Feasibility Study report and invoice from the Passive House Consultant

2. Incentives will only be awarded prior to 50% Construction Drawings for Passive House projects. No incentives will be granted after 50% Construction Drawing set.

3. Certification may be either through PHIUS, PHI, or EnerPHit certification offerings.

Next steps you can take... Contact your Energy Efficiency Representative or

Go to EnergizeCT.com or call 1-877-WISE USE for more details.

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Reasons for Switching to All Electric

Since 1972, Steven Winter Associates, Inc. has been providing research, consulting, and advisory services to improve the built environment for private and public sector clients.

Our services include:

- Energy Conservation and Management
- Sustainability Consulting
- Green Building Certification
- Accessibility Consulting

We have over 125 staff across four office locations: New York, NY | Washington, DC | Norwalk, CT | Boston, MA

For more information, visit www.swinter.com



By providing a whole-building approach to design and construction

Steven Winter Associates, Inc. Improving the Built Environment Since 1972



Adam Romano C.E.M. Principal Building Systems Consultant aromano@swinter.com 212.564.5800 x1110

Learning Objectives





Health Benefits

- Improved Local Air Quality
- Improved Indoor Air Quality
- Reduced Risk of CO Exposure



Comfort Benefits

- Localized delivery of heating and cooling
- Customizable temperature settings by room or zone



Cost Savings

• This is all great, but what do the economics look like?



Carbon Benefits

Carbon reduction with improved electrical grid



Where to Begin



Ditch the Gas Meter

- Heat Pump Ready Home
- Space Conditioning
- Water Heating
- Cooking and Clothes Drying
- Additional Considerations



Heat Pump Ready Home



Heat Pump Ready Home

- Space heating is closely tied to the energy efficiency of the home.
- Inefficient homes, especially in colder climates, would benefit from bundling insulation and air sealing measures to reduce energy from space heating before sizing/installing a heat pump.



Air Sealing

- An effective air barrier consists of a continuous system of materials (building wrap, membranes, etc.), components (doors, windows, etc.) and accessories (tapes, sealants, etc.).
- These air barrier elements must be airtight individually and when used together.



Insulation

- All insulation work begins with airsealing.
 - Never insulate a wall, roof, or floor without first making sure the air leaks within the vicinity are addressed.
- Typically the attic followed by the crawlspace are the most cost effective locations to perform insulating work.



Heat Pump Operation and Components

....

What is a Heat Pump?

- Heat Pumps do not generate heat, they move heat.
 - When we discuss energy efficiency of heat pumps, it's all about how much useful heat is pumped or moved compared to the amount of input energy consumed.
 - This work is performed using the vapor compression cycle.





Old Heat Pumps

- Used very often further south.
- Old HP's didn't work well below ~30°F
- BAD reputation in colder climates



New Heat Pumps

 Cold Climate Air Source Heat Pumps (ccASHPs) systems are an efficient clean energy solution to dramatically reduce the use of carbon-intensive space heating systems



NEEP'S COLD CLIMATE AIR SOURCE 😂 Heat Pump List

https://ashp.neep.org/



ccASHP Performance



Heat Pump System Types



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Ground Source

- Takes heat from the ground and injects it into the indoor air.
- Consist of an indoor unit and ground loop.
 - Ground loops can be horizontal, vertical, or pond/lake



System Types Geothermal

- One central ducted geothermal unit
- Indoor unit contains a heat exchanger that absorbs/rejects heat to ground loop.
 - Typ. 2 5 tons
 - "Fully ducted"



Air Source

- Takes heat from the outdoor air and injects it into the indoor air.
- Consist of an outdoor and indoor unit connected via a refrigerant line set.





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1 Low-wall or floor mount units may be installed where radiators once were. Do not block them with furniture.

2 High-wall are the most common and versatile.

3 Recessed can be flush with ceilings or walls. Ask your installer about installation and maintenance.



Conventional air handlers move

air through larger ducts. They are often located in basements, attics, or utility closets. They can be installed to blow air upwards, downwards, or sideways to fit within your home.

Compact ducted air handlers usually

serve smaller areas such as one to three rooms. Their slim profile means they often fit in dropped ceilings, but leaving access for maintenance is important.

System Types Mini-Split

- Smaller decentralized air-source heat pump systems
 - Split and Mini Split <1.5 Tons
- Here are one-to-one systems where you'll have one outdoor unit coupled with one.
- Indoor units are typically small and that indoor unit can be either ductless or ducted.



System Types Multi-Split

- This is again one outdoor unit, but it's connected to multiple indoor units.
- We would have refrigerant piping going from the outdoor unit to a couple of indoor units
 - One outdoor unit
 - 2+ indoor units
 - Ducted, Ductless, or mix
 - 1.5 4 tons typ.



System Types Central Split

- One outdoor unit, one central ducted air handler
- More conventional residential A/C system
 - Typ. 2 5 tons
 - "Fully ducted"



Questions?



Water Heating

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Flow Rates

- Lower flow rates to improve efficiency.
- SWA rec flow
 - 1.0 gpm bath sink
 - 1.5 shower and kitchen
- Complaint zone
 - 0.5 gpm in residences



System Types Electric Resistance: Tank Type






System Types Heat Pump Water Heater (HPWH) compressor room air entering thermostatelement -\$ condenser coil 19



System Types Split Heat Pump Water Heater





Appliances



Cooktops Electric Resistance





Typical Plug In Element

Cooktops Induction





Clothes Dryer Electric





Clothes Dryer Heat Pump





Drum

1.

- 2. Filter
- 3. Warm Humid Air
- 4. Evaporator
- 5. Condensate
- 6. Compressor
- 7. Expansion Device
- 8. Condenser
- 9. Blower
- 10. Hot Dry Air

Additional Considerations







Assessing Electrical Capacity

- The electric service in a home is measured in amps. Most homes today have either a 150 amp or 200 amp service.
- Its important to have a professional determine the electrical load before installing the service.



Electrical Work

- Heat Pump 208/240v 30amp
- Induction Range 208/240v 40amp
- Heat Pump Dryer 208/240v 30amp
- Integrated Water Heater 208/240v 30amp
- Split Water Heater 208/240v 15amp



Adding Solar PV

 If an electrical upgrade is needed, it may be a good time to evaluate adding solar PV.



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Thank You

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